

SJND DRESS AND GROOMING POLICY

Saint Joseph Notre Dame High School takes pride in its tradition of excellence. High expectations include the observance of dress and grooming standards as we strive to become responsible, healthy and productive citizens of the world. Therefore, certain basic regulations in matters of dress and grooming exist at SJND. These regulations are maintained in the interest of overall good order and discipline to create an atmosphere conducive to instruction and learning. SJND expects that all students will demonstrate personal pride, modesty, and good taste in their appearance.

Policy Enforcement: It is the responsibility of parents to see that their student leaves home properly dressed and groomed for school and school-sponsored activities. Parents are to ensure that their child regularly follows conventional standards for personal hygiene. All members of the school community are expected to support compliance with the dress and grooming policy. The Dean of Students has the final decision on the appropriateness of dress and grooming. If there is any doubt about these regulations, consult the Dean of Students about the style of grooming or the purchase of questionable clothing or footwear.

Consequences for any student who violates the dress and grooming policy at any time during the school day (8 a.m. to 3:15 p.m.) are the following:

- All dress and grooming violations will carry an automatic detention on the first infraction, and an automatic Saturday detention for the second infraction. A third or subsequent infraction will mean an appropriate detention and regular or strict disciplinary probation, except where otherwise noted.
- Student will not be allowed to attend classes until the situation is rectified—even if this means the student has to return home to correct the problem or have a parent/guardian deliver the proper clothing to school. Students sent home will make up the time missed with an equal amount of time in detention.
- In addition, at the discretion of the Dean of Students, continued violations may be referred at any stage to the Disciplinary Review Board.

BASIC WARDROBE REGULATIONS FOR SJND STUDENTS

School Colors are navy, royal, and light blue, orange, white, and gray.

Slacks/Shorts: Dennis Uniform, Dockers, or Dickie’s slacks and shorts in navy blue or khaki are the only acceptable pants; plain or pleated front only, with standard pockets. Pants cannot have pockets below the hips. Uniform pants must be worn at the waist (not at the hips), and must be properly fitted and clean. Pants cannot be frayed, torn, unhemmed or patched. Pants that fit tightly (i.e., that cling to any part of the leg) are not allowed. “Shorts” that reach the knee or below are not allowed. Capri-style or close-fitting shorts, as well as shorts that are too short, are not allowed.

Skirts: Dennis Uniform, Dickie’s, or Dockers skirts in navy blue or gray are the only acceptable uniform skirts for women. The uniform skirt must be of medium length (no shorter than 3 inches above the knee). Shorts worn under the skirt, including cycling shorts, must be a solid school color and may not be visible below the hemline.

Shirts: Only the school-authorized McU Sports standard polo shirt (short or long sleeve) with an SJND logo can be worn. (Dennis Uniform polos with the Pilot logo remain acceptable.) The polo must be of a size appropriate to the wearer. The shirt may be worn untucked only if the hem is lower than the wrist when the student stands. Longer shirts must be tucked in. SJND polo shirts issued by athletic teams, honor societies, and school-approved clubs may be worn by current participants and members in place of the regular SJND logo polo shirt.

Undershirts: Undershirts, for both boys and girls, must be white, short-sleeved, and tucked into the pants/shorts/skirt and must not be visible below the bottom hem of the uniform polo shirt. Undershirts may not have any logos or writing on them.

Socks Tights/Stockings: Socks, up to knee high in length, in a solid school color may be worn. Tights or stockings may also be worn but must be a natural flesh color. Leg warmers, thermals, thigh-high stockings and leggings are not allowed.

Shoes: Only athletic shoes or plain dress (tie, buckle, or loafer style) shoes are acceptable as footwear. Flats, moccasins, slippers, clogs, boots of any kind, high/spike heels, and sandals of any kind are not allowed at any time. Shoes must be closed toed and heeled, and go no higher than the ankle. For safety reasons high heels must not be worn. The heels and style of the shoe cannot compromise student safety in an emergency. The Dean of Students shall have the final decision on the safety and appropriateness of shoes.

Other: Hats, caps, headscarves, headwear, or ear warmers may not be worn on campus between 8 a.m. and 3:15 p.m. Long woolen scarves are not allowed. Gloves and mittens may be worn outdoors. The hoods of hooded sweatshirts may not be worn indoors. Dark glasses may be worn only outdoors; they may not be worn indoors on any part of the head or neck. Belts with studs, rivets, inappropriate designs or buckles may not be worn. Leather or cotton belts in dark, solid colors are permitted.

OUTERWEAR

The following outerwear may be worn over the required uniform shirts and must be appropriately sized for the wearer.

Sweatshirts: “Sweatshirts” means any clothing made of heavy sweatshirt-type material in any style—such as hooded or crewneck; long or short-sleeved; pullover, buttoned or zippered. Sweatshirts may not have any logos or wording that advertises or promotes inappropriate or illegal behavior. Camouflage or military-design is not allowed. Preferred sweatshirts include, but are not limited to: SJND logo sweatshirts purchased at McU Sports; Dennis Uniform sweatshirts with an SJND or Pilots logo; sweatshirts acquired through membership in an SJND team, club, or honor society; solid color sweatshirts in navy, royal, or light blue, white, orange or gray. Only seniors may wear sweatshirts with the names and logos of colleges and universities.

Sweaters: Sweaters in v-neck, crew neck, or cardigan design in school colors are allowed.

Other Outerwear: Jackets, coats, fleece-wear, rainwear, and SJND varsity jackets are permitted year-round. All outerwear must be a solid color. Jackets must be at least waist-length. Jackets

may not have any logos, designs, or wording that advertises or promotes inappropriate or illegal behavior. Camouflage or military designs are not allowed.

GROOMING POLICY

For All Students

Infractions of grooming policies will result in the consequences listed under Policy Enforcement at the beginning of this section. Final discretion regarding infractions rests with the Dean of Students.

Hair: Hair must be neatly groomed at all times. Extreme hairstyles, including haircuts, hair designs and hair color must be cleared with the Dean of Students before hair is so styled. The length of the hair worn by gentlemen must not touch a conventional style collar. Males cannot avoid the hair length regulation by resorting to a pony-tail or other similar styles or arrangements. Any student with an extreme cut (including eyebrows) or coloring will be placed on Strict Disciplinary Probation until the offending design has grown out or been removed.

Jewelry/Accessories: Elaborate or excessive jewelry and/or accessories and exceptionally large or dangling earrings (which reach the collar of the uniform polo) are not permitted. Accessories including but not limited to chains from the waist or pocket and suspenders are not permitted. Long chains or necklaces, pendants, studded bracelets (“cuffs”), wrist bands, or sweatbands may not be worn. All jewelry/accessories must be simple and non-distracting. Visible tattoos are not permitted.

WOMEN

Jewelry/Accessories: Pierced jewelry is allowed only in the ears. Students with pierced jewelry visible elsewhere, will be required to remove it. Students unable to remove any non-approved piercing will be required to offer proof from a medical professional and will be placed on Strict Disciplinary Probation until the offending piercing has been removed.

Makeup: Excessive makeup is not allowed.

GENTLEMEN

Shaving: Students are to be completely clean-shaven at all times; i.e., **no facial hair is allowed.** Sideburns must end above the earlobe.

Jewelry / Accessories: Pierced jewelry is allowed only in ears. Gentlemen may only wear a single post (“stud”) earring in the ear lobe. Students will be asked to remove any stud earring that is deemed excessive. Students with pierced jewelry that is visible elsewhere will be required to remove it. Students unable to remove any non-approved piercing will be required to offer proof from a medical professional and will be placed on Strict Disciplinary Probation until the offending piercing has been removed.

The Administration of SJND reserves the right to make any and all judgments in matters not explicitly outlined in this dress and grooming policy. In addition, the Administration of SJND reserves the right to amend this dress and grooming policy at any given time, after giving due notice to students and parents/guardians.

VARIATIONS OF DRESS CODE

On days in which students are permitted to wear attire other than the school uniform (e.g., special dress days, casual dress days, and athletic game days); the Dean of Students will have the final decision on the appropriateness of the attire. Students should check in advance with the Dean of Students if they have questions about the appropriateness of their attire. Students in violation of the dress code on these specially designated days must correct the violation if possible and will serve a Saturday detention. In each instance, the parent/guardian will be informed. Faculty sponsors for any special dress days, casual dress days, or athletic game days must submit a request for these options to the Dean of Students sufficiently in advance of the requested day.

Special Dress: Gentlemen must wear solid colored dress slacks worn at the waist and a collared dress shirt. Collared shirts are to be buttoned and tucked into the slacks at all times. Ties are encouraged and may, at times, be required. Dress slacks are defined as pants without patch, back pockets and made of an appropriate fabric.

Women must wear modest, tasteful skirts or dress, slack and tops. Sleeveless shirts, sweaters or dresses may be worn. The length of the skirt or dress cannot be too short and cannot have an extreme slit. Skirts cannot be tight-fitting. Tops must be modest and non-revealing. Shoes with open toes may be worn. Backless shoes or shoes with heels higher than 2" are not acceptable.

The school policy regarding shoes remains in effect for the special dress option.

Unacceptable attire for Special Dress includes any denim article (of any color), cargo pants, T-shirts, tank tops, cropped tops, shorts or Capri pants, and any midriff-revealing attire, sheer or transparent clothing or clothing which reveals undergarments. Shirt and dress straps worn by women must be the width of two fingers. Any faded, frayed, ragged, torn, patched, or ill-fitting clothing is not acceptable. Leggings are not allowed.

Casual Dress: Students may be permitted to dress more casually than the standard dress policy for retreats and on certain student activity days as approved by the Administration. Appropriately sized slacks, casual pants, athletic warm-up suits, velour pant sets, walking shorts, and blue jeans that are worn at the waist and are neat and free from patches or designs, may be worn. Tee shirts that do not display inappropriate words, slogans or decorations, may be worn. Cut-off/tight fitting short shorts, pajama pants, flannel loungewear, sweats, camouflage or other military type apparel, and ragged or torn jeans may not be worn. Tank tops, crop tops (bare midriffs), sheer or revealing attire may not be worn. School shoe policy remains in effect. Details and guidelines will be announced in advance of the activity. School uniform is always acceptable attire on these days.