



SAINT JOSEPH NOTRE DAME HIGH SCHOOL

### **High School Placement Test Prep Course**

The Saint Joseph Notre Dame High School High School Placement Test Prep Course is designed to familiarize 7<sup>th</sup> and 8<sup>th</sup> grade students with the format and focus of the HSPT. SJND is committed to offering a high-quality course, in two parts, that helps students with both test-taking strategies and the test subjects.

Students can take the test at any Diocesan high school and have the option of sending their results to up to three different schools. The exam will be offered at SJND on Saturday, January 7, 2012.

Cost for the HSPT prep course is \$150. Students who are accepted and register for the 2012-13 school year at SJND will receive a \$100 registration fee reduction. **Course registration is due by September 26, 2011.**

#### **HSPT Success Strategies at SJND**

##### **Part One: Testing Strategy. October 1, 2011, 9 a.m. – noon, Administration Office.**

This first section of the HSPT Success Strategies course emphasizes study and testing strategies. Students will be given a preparation book that includes a practice test with answers and explanations, as well as flash cards for practicing the math and verbal questions and access to additional online material. The course is being organized by SJND Assistant Principal of Academics Kristopher White.

This section of the course will provide students with:

- an overview of the test and what to expect
- effective test-taking strategies
- time management skills
- methods to design a study calendar
- an examination of sample problems
- how to overcome nervousness and test anxiety

##### **Part Two: Subject-Specific Preparation. December 1, 2011, 4 - 7p.m., Administration Office.**

The follow-up session will feature SJND English and math teachers ready to help students review content from the preparation book, practice tests and flashcards distributed in the first section. It will consist of two one-hour sessions that repeat so that each student can go to both the English and the math session. All students are invited to stay for a pizza dinner after the course.